

KCA Pre-Conference Workshops

Six (6) or six and one-half (6 ½) EILA or Clock Hours will be awarded to participants after attending one of the following, all-day workshops listed below on Wednesday, November 4, 9am - 4 or 4:30pm.

1. AMSR – Assessing & Managing Suicide Risk (9am-4:30pm - 6 ½ Clock Hours) (\$140 – KCA member rate)

Dr. Connie Callahan, Ph.D., Professor - Department of Counseling and Educational Psychology, Eastern Kentucky University. This workshop is approved for LPCCs, Social Workers and other Behavioral Health Counselors to meet KRS 210.366 as required by July, 2016. Specific materials are required for participation in this workshop and will be provided to those in attendance. Special thanks to Jan Ulrich and the Kentucky Department for Behavioral Health, Developmental and Intellectual Disabilities along with SAMHSA (Substance Abuse and Mental Health Services Administration) for providing the grant to cover the cost of AMSR Materials. The materials are valued at over \$100 per person. Please pre-register by October 10th to provide time to obtain the materials through the grant.

2. Inside the World of Bullying/Cyberbullying (9am – 4pm - 6 Clock Hours) (\$140 – KCA member rate)

Raychelle Lohmann, MS, GCDF, LPC, Professional Counselor, School Counselor, Presenter & Author from Columbia, South Carolina. Her published books include: *The Bullying Workbook for Teens; Staying Cool...When You're Steaming Mad; The Anger Management Workbook for Teens; and Teen Anxiety.*

Participants will walk through the world of bullying and engage in role playing and skits, and practice evidence based techniques to help both the one being bullied and the one who is bullying. Modern technological advancements and the world of cyberbullying will be discussed. Social media sites and common apps teens are using to bully will be addressed in addition to sexting and how it can become a platform for online bullying/harassment.

Three (3) EILA or Clock Hours will be awarded to participants after attending any of the half-day workshops listed below on Wednesday, November 4, 2015. (\$75 – KCA member rate)

IA. Ethics in the 21st Century: Managing the Web of Connections and the Faces of Change (9:00am – 12:00 Noon)

Daniel Williamson, Ph.D., NCC, LPCC; Jennifer Williamson, Ph.D., NCC, LPCC;
both at Lindsey Wilson College – Professors, School of Professional Counseling

Workshop Description: Counselors often face situations that are complex and oftentimes nebulous. The ACA Code of Ethics functions as a guide in times of uncertainty in a changing world. This session examines the revisions to the 2014 Code of Ethics and the reasoning behind these updates. Additionally, this session will examine some of the areas of most frequent complaints toward counselors and how proactive planning can help to avoid difficult situations.

IB. Practical Partnerships for Challenging Childhood Behaviors: Assessment and Intervention Strategies for Home and School (9:00am – 12:00 Noon)

Joshua Stanley, Ed.D., NCC, Core Faculty in School Counseling at Capella University;
Former Program Specialist & School Counselor, Metro-Nashville Public Schools,
Tennessee School Counselor of the Year, 2012

Workshop Description: Both school and mental health counselors are often faced with addressing challenging behaviors in childhood. Parents and teachers alike come to counselors frustrated after exhausting all of their best efforts. This session will address practical assessment techniques and intervention strategies that can be used both by school and mental health counselors to provide consistency for children (ages 5-11) in both the school and home environments. Specific emphasis will be given to the importance of collaboration between school and mental health counselors, parents and teachers.

IIA. Partners in Progress: Practical Approaches for Working with LGBT Adolescents and Families (1:00pm – 4:00pm)

Joshua Stanley, Ed.D., NCC, Core Faculty in School Counseling at Capella University;
Former Program Specialist & School Counselor, Metro-Nashville Public Schools,
Tennessee School Counselor of the Year, 2012

Workshop Description: The rapidly evolving landscape of same-sex marriage is one of the current issues of practice concerning lesbian, gay, bisexual and transgender youth and their families. This session is for both school and mental health counselors, and it will address a multitude of relevant topics: supporting adolescents in the coming out process, serving as allies for transgender youth, advocating for same-sex parents in the school and community, and much more.

Three (3) EILA or Clock Hours will be awarded to participants after attending any of the half-day workshops listed below on Wednesday, November 4, 2015 from 1:00PM - 4:00PM. (\$75 - KCA member rate)

IIB. Intimate Partner Violence: A Fresh Glance at Appalachia (1:00pm - 4:00pm)

Angelia Bryant, Ed.D., NCC, CCMHC, BCC, CHt, LPCC, Bryant Behavioral Health and Wellness Services, LLC

Intimate Partner violence is a term formerly known as Domestic Violence, which is only vaguely descriptive of this monumental societal scourge throughout the Appalachian region and throughout the world. As long as there is tolerance for such atrocities in our homes, society as a whole will not prosper. This workshop will present the basic definitions as well as some current programs, interventions and solutions. NOTE: This workshop meets the domestic violence training update requirement as mandated every three years for Licensed Professional Clinical Counselors and other counselors in the Behavioral Health field.

IIC. Supervision Training for Supervisors of LPCAs in Kentucky: New Updates for 2015 (1:00pm - 4:00pm)

Ken Engebretson, Ph.D., LPCC, Associate Professor at ECU, KCA Ethics Chair; **Kim Naugle**, Ph.D., LPCC, Associate Dean - College of Education at ECU, Vice Chair of the LPCC Licensing Board; and **Verl Pope**, Ed.D., LPCC, Professor, Chair of Department of Counseling, Social Work and Leadership at NKU, Member of CACREP 2016 Standards Committee

This 3-hour workshop fulfills the LPCC Board requirement for Supervision Training, as all three presenters are Board certified to provide the training. In 2010, the LPC Board wrote a regulation that required Supervision training every three years for supervisors of LPCAs and included three areas: the law, ethics and models of supervision. Beginning in 2014, all of these areas have gone through major changes that need to be addressed in future supervision trainings. The presenters will discuss changes in the law with the addition of significant regulations beginning in 2015. The new 2014 ACA Code of Ethics will be addressed. Finally, presenters will discuss the impact of Supervision models with the 2016 CACREP changes.